During this unsettling time we would like to assure you that providing a safe and healthy environment for our patients and staff is our top priority.

We continue to monitor the coronavirus (COVID-19) outbreak, and are actively following the guidelines and recommendations from the Centers for Disease Control (CDC), World Health Organization (WHO), as well as our local, state and federal government agencies. Our guidelines include universal precautions, frequent hand washings or glove use, and frequent sanitizing of all patient areas.

Currently, since the coronavirus is thought to spread mainly through person-to-person contact, we have now adopted several enhanced safety measures to decrease the risk of exposure to you and the community which include the following:

We will offer you the option, when we are ready we will bring you in to wash your hands and then take you directly to the back office.

We will use non-contact thermometers to screen everyone who comes into the office and will recommend that anyone with an elevated temperature go immediately to be screened for the virus.

If you are not feeling well for any reason we ask that you remain in the comfort of your own home-and our staff will do the same for you.

All staff travel or attendance at large gatherings is strongly discouraged. If an employee chooses to do so, they must then observe a 14-day quarantine prior to returning to work. We ask that you postpone your scheduled appointment if you or anyone in your household may have been exposed to COVID-19 through travel or attendance at large gatherings less than two weeks ago. We will waive all cancellation fees.

Currently, the office is open and fully operational. We remain committed to maintaining open communications as we navigate this complex situation together. So, wash your hands, keep your chin up, and thank you for your support.

Want More Information About COVID-19?

For the most authoritative, up-to-date and comprehensive information visit:

U.S. Centers for Disease Control Coronavirus Page: <u>https://www.cdc.gov/coronavirus/index.html</u>

U.S. National Library of Medicine Coronavirus Page: <u>https://medlineplus.gov/coronavirusinfections.html</u>

World Health Organization Coronavirus Page: <u>https://www.who.int/health-topics/coronavirus</u>

What you can do, in and outside the office, to help reduce virus spread:

If you need to cough or sneeze, do so into crease of your elbow.

Try to avoid doing that to the best of your ability – we know it's hard!

Consider cancelling all unnecessary travel for the month of March.

Know the symptoms of Coronavirus: low-grade-fever, cough ,nasal congestion, runny nose, body aches, weakness and shortness of breath (severe cases).

Don't hesitate to reach out with any questions or concerns.